

## **2025/2026 WINTER SCHOOL**

# DATES: September 29, 2025 - March 20, 2026

Club Administrator: Patti Somer (403) 358-1701 <u>skatereddeer@hotmail.com</u> skatereddeer.com

## **General Information**

- Register at: www.skatereddeer.com
- If you wish to make changes to your schedule after you have registered, please call the Administrator.
- Please note: a **\$50.00 late registration fee** will be automatically applied to your account after Sept 16th.
- Session fees cover: Stroking, Ice Fees, Dryland Programs, Skate Canada Membership, Human Performance Classes, Testing Ice Fees, Simulation Ice Fees and Admin costs.
- Please carefully read the club policies and become familiar with them.
- The Red Deer Skating Club reserves the right to cancel or change all scheduled times and programs. Throughout the skating season, unexpected ice cancellations will occur. There will be no refunds. There is NO make up ice.
- Drop In costs \$20. Please email the club and your coach 24 hours prior to the session to confirm availability.
- If you would like a club jacket you can buy a black fleece jacket and bring it to the rink and we will have it embroidered for you or purchase it from our on-line store:
- Red Deer Skating Club Online Store | The Coverall Shop | powered by OrderMyGear

#### Fees

**Minimum Package:** \$600.00 for 2 sessions per week for the season. **Basic Package:** \$750.00 for 3 sessions per week for the season.

**Additional Ice:** \$125.00 for all extra sessions purchased after your 3<sup>rd</sup> session for the entire season.

**Associate Member:** \$350.00 for one hour each week for the entire season. Please contact the Administrator first. \*\*\*Full time Club members may select to make installment payments each month at the time of check out.

#### **Skating Session and Levels**

- Monday to Friday sessions are at the Kinsmen Arenas: 5 McIntosh Avenue and Friday daytime sessions
  are at the Collicutt Center 3031 30th Avenue. Skaters may do freeskate, skills, or dance on their session.
- **PRESTARSKATE SKATERS** are skaters working in the Prestar group. To be able to skate on session 14 these skaters must have a private lesson coach and must have passed two star tests.
- **JUNIOR SKATERS** are skaters who are working on their Star 1 to 4 **Freeskate** tests.
- **INTERMEDIATE SKATERS** are skaters who are working on their Star 5 to 6 **Freeskate** test.
- **SENIOR SKATERS** are skaters working on their Star 7 to Gold <u>Freeskate</u> test.

## **Professional Coaching Staff**

The following coaches are under contract with The Red Deer Skating Club. Skaters are required to contact the coaches directly to book lesson times. Please talk with your coach about appropriate times and levels before registering.

## PATTI SOMER

National Coach Coaching Since: 1982

Rate: \$13.00

Phone: (403) 396-3964 pattisomer@gmail.com

#### JESSICA MACKAY

Provincial Coach Coaching Since: 2014

Rate: \$12.00

Phone: (780) 999-4192 jess.sergeant@hotmail.com

## LANA BELLMORE

Provincial Coach Coaching Since:1991 Rate: \$13.00

Phone: (403) 506-1880 lanabellmore@gmail.com

#### JENNIFER SHIGEMATSU

Provincial Coach Coaching Since: 1993

Rate: \$12.00

Phone: (780) 385-0222 mjmk@live.ca

#### MORGAN RATTAI

Provincial Coach Coaching Since: 2002

Rate: \$12.00

Phone: (780) 298-3258 morganrattai@outlook.com

## Refund/Cancellation Policy

Refunds will be given only for medical reasons. A doctor's certificate is required for submission to the administrator for reimbursement. Reimbursement will be on a prorated basis. A 20% registration charge will be withheld on all refunds. Skaters must have missed a minimum of 21 days of skating to qualify. Once your skater returns to the ice in ANY capacity full fees will be reinstated.

## **Drop-In Ice**

Skaters are welcome to pick up ice on a drop-in basis as long as the session is not full. You must be a registered member of the winter season. Please email the Administrator and your coach 24 hours before the session you wish to drop in on. Cost is \$20.00 per hour.

#### Make-Up

There is NO MAKE-UP ICE.

## **Associate Members**

Associate members are skaters who are registered in another club and wish to skate in Red Deer on a weekly basis for additional practice or coaching purposes. The cost for an Associate Member is \$350.00 for each session purchased. You will get that session every week for the <a href="mailto:entire">entire</a> season. Associate members <a href="mailto:must">must</a> contact the administrator before they begin skating. <a href="mailto:DO NOT">DO NOT</a> register on-line for this program!

## **Assessment Days**

Assessment days and times to be announced. There will be no refunds for any sessions missed due to the assessments and no make-up ice for these missed sessions.

### **Dryland Training**

**PRESTAR & FIT** Class (dryland training) will be offered to all Prestarskaters and Junior Starskaters on Monday 515-615pm.

**FIT & FLEX Class** will be offered: Monday 630-730pm, Tuesday 545-645pm and 7-8pm, Thursday 7-8pm. This class is for all Starskaters.

The cost of these programs are covered in your registration fees. The classes will be held in the upstairs Studio. Please add the class to your cart.

## **Human Performance**

#### TRAIN THE BRAIN

These classes will be offered to club members, one Wednesday a month at 515-6pm. This class is for Prestars and Junior Starskaters. The cost of this program will be covered in your registration fees. The classes will be held in the upstairs Dryland Training Room. Please add the class to your cart. They will learn about focus, positive self-talk and how to train.

## **PSYCHED 2 PERFORM**

These classes will be offered to club members, one Wednesday a month at 400-445pm. This class is for all Starskaters. The cost of this program will be covered in your registration fees. The classes will be held in the upstairs Dryland Training Room. Please add the class to your cart. They will learn about focus, positive self-talk and how to train.

## **Volunteer Commitment**

The Club requires every member to either: volunteer and earn 8 credits or to pay a \$300.00 commitment fee. You will see the buy-out option as you are registering. When you register your child for skating you will need to select a volunteer position so that your registration will process. Please review the following options prior to registration; credit information is on the website in more detail:

Bingo Worker Assessment Day Volunteer Carnival Worker

Canskate Welcome Desk Picture Day Helper Simulation Ice Captain

Clean Studio Music Player

## **Fundraising Commitment**

The Red Deer Skating Club has no fundraising commitments at this time.

## **Mandatory Parent Meeting**

Wednesday September 17th at 7-730pm we will host a mandatory parent information meeting on Zoom.

## **Program Assistants**

The club requires helpers to assist with the Canskate program. If your child is 10ys old or older they can train to become a Program Assistant. Training is at the Dawe on Wednesday September 24 from 615-8pm. Please let Jessica know you would like to help. <a href="mailto:jess.sergeant@hotmail.com">jess.sergeant@hotmail.com</a>

Monday	Kinsmen A	4:00 - 4:45pm 4:45 - 5:00pm 5:15 - 6:15pm 5:00 - 6:00pm 6:00 - 6:15pm 6:15 - 6:30pm 6:30 - 7:30pm 6:30 - 7:30pm 7:30 - 8:30pm	JUNIOR/PRESTAR* JUNIOR Stroking* JUNIOR/PRESTAR FIT Clas OPEN SKATING OPEN Stroking FLOOD FIT & FLEX Class OPEN SKATING INT/SR SKATING	Session 1 s Dryland 1 Session 2 Dryland 2 Session 3 Session 4
Tuesday	Kinsmen A	4:00 - 5:00pm 5:00 - 5:15pm 5:15 - 5:30pm 5:30 - 6:30pm 6:30 - 6:45pm 5:45 - 6:45pm 7:00 - 8:00pm	OPEN SKATING OPEN Stroking FLOOD OPEN SKATING OPEN Stroking FIT & FLEX Class FIT & FLEX class	Session 5 Session 6 Dryland 3 Dryland 4
Wednesday	Kinsmen A	4:00 – 4:45pm 4:45 – 5:00pm 5:00 – 6:00pm 6:00 – 6:15pm 6:15 – 6:30pm 6:30 – 7:30pm	JUNIOR/PRESTAR* JUNIOR Stroking * OPEN SKATING INT/SR Stroking FLOOD INT/SR SKATING	Session 7 Session 8 Session 9
Thursday	Kinsmen A	4:00 - 5:00pm 5:00 - 5:15pm 5:15 - 5:30pm 5:30 - 6:30pm 6:30 - 6:45pm 7:00 - 8:00pm	OPEN SKATING OPEN Stroking FLOOD OPEN SKATING OPEN Stroking FIT & FLEX class	Session 10 Session 11 Dryland 5
Friday	Collicutt Kinsmen A	12:00 – 1:00pm 4:00 – 5:00pm 5:00 - 5:15pm 5:15 – 6:15 pm	OPEN SKATING INT/SENIOR SKATING OPEN Stroking OPEN/PRESTAR SKATING	Session 12 Session 13 Session 14

<sup>\*</sup> Prestarskate will be ice sharing with the Juniors on session #1 & #7.

2025/2026 Red Deer Skating Club Board of Directors

Ashley Brant	
Darla Heil	
Amanda Mackenzie	
Zulya Hubley	
Brandy Lucas	
Ashling Kelly	
Jessa Addison	
Amy Willing	
Sherri-Lynn Husch	
Jessica Mackay	
Andrea Phagoo	

The Red Deer Skating Club is a volunteer organization. The people serving on the Executive graciously donate their time and talents so that all children may have the opportunity to skate in the club. We appreciate their dedication and commitment.

<sup>\*\*</sup> There will be stroking sessions on Monday through Friday. The cost of coaching fees for stroking is included in your registration fee. All skaters must take part in the stroking sessions.